



# Tea Tree Gully Newsletter

**Bulkana Oval**

**[www.ttgathletics.com.au](http://www.ttgathletics.com.au)**

Good evening everyone,

Well it seems like forever since my last email. Thank you to all the committee and parents that stepped in to help in my absence. John was also away pursuing personal goals, but you all managed beautifully with out us!! Congratulations.

I hope everyone had a good end to the season and by the looks of our records i think many of you have had fabulous seasons with lots of PBs achieved and some very special achievements.

Congratulations to all those athletes who participated in the State Challenge and the State Individual Championships. There were some fantastic performances and a nice swag of medals making their way home after those two weekends.

A special congratulations to Tryphena Hewett in the under 10 girls, who broke the 60m hurdles state record on her way to claiming the Gold medal!! Amazing effort!!!

Congratulations also goes to Sophie Barr and Claire Ferguson in the Under 13 girls who have made this years SA State Team, to compete in the Australian Little Athletics Championships in Adelaide on the 24th April 2016. Well done, good luck and most importantly, have a great time. ....This is a great event to come and watch and all the SA athletes would love your support.

So now begins the fun that is Cross Country season!!!!.

Training will resume at Bulkana Oval on Wednesday 13th April at 4:30pm. TTGLAC has a very strong history in regards to Cross Country and we'd really love to see everyone come out and be part of another successful season. Its great fun and very social. It is great winter fitness and quite often will help kids with other winter sports conditioning and ability.....and there is a Mums and Dads race that really creates some fun and laughs!! If you would like more information please contact John or myself.

Remember next Saturday afternoon is our AGM and Presentation day!!!

**Saturday April 9th 2016** at 3 pm ( @Bulkana Oval) will see us round out what has been a great season. There will be loads of entertainment for the kids and the presentation of seasons awards. There will be a short interval at 4:30pm for the formality that is the AGM. We will then continue the fun into the evening with the Seniors joining us for their presentation in the latter half of the evening. The Rotary Club of Makin Edge have kindly offered to help us with catering, with the BBQ being fired up and Hamburgers, Vegie burgers and snags for sale. Alternatively you can byo picnic and enjoy dinner on the oval. Alcohol is permitted, but as with all things, keep it sensible.

On a sad note this will see the farewell of our amazing Under 17 athletes...

To all of you can I say Thank You, for being part of TTGLAC!!! We hope you've had a great experience here, and best of luck in your future sporting pursuits!

So on behalf of myself and this years committee, I'd like to thank all athletes and their families for your support and congratulations on a great season. Im always up for finding new ways to improve so lets make next season bigger and better again!!!

Have a good week guys and see you on the track, for a big PARTY!!!

Jane Sternagel  
TTGLAC President



**Cross Country**

**is open to all existing  
registered athletes and  
commences on**

**May 15th 2016**

**to be hosted by**

**Gawler LAC,**

**Deadmans Pass,  
Gawler**

**see the website for  
more details!**



**Congratulations  
to  
Sophie Barr  
and  
Claire Ferguson.**

**2016  
State Team  
Representatives.**

# What is Little Athletics all about?

*"Family Fun and Fitness  
in a supportive and  
friendly atmosphere"*



## Association Sponsors



**Its that time of year folks when we need  
volunteers for next seasons committee!  
If you feel you would like to join us,  
either in a committee position, or just as  
a general committee helper.**

**Step up and and become part of the  
future development and planning of this  
awesome club!**

## FUND RAISING NEWS!

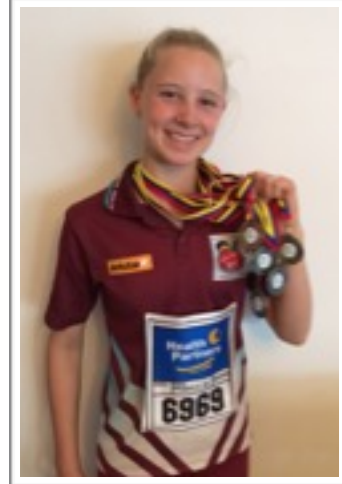
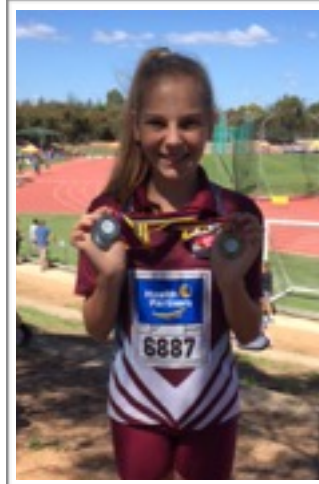
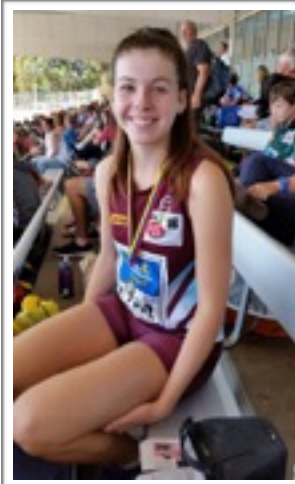
We are still selling Entertainment Books as a fundraiser for our Tea Tree Gully Little Athletics Club. There are some great early bird offers which you can use straight away but only if you buy the book or digital version before April 16th. The additional offers are valued at \$170 and include the following vouchers, one regular bing at Bing Boy, free admission to Bounce, one free main course at the Watershed Cafe at Mawson Lakes and 25% off the bill at the Sussex Hotel at Walkerville.

Books cost just \$65. Purchasing is as easy as clicking on the link below and you will be taken straight to our TTG payment page where you can purchase via credit card. Mel Lienert can deliver hard copy books when they arrive after April 12th but the digital version is available to download immediately along with the bonus vouchers.

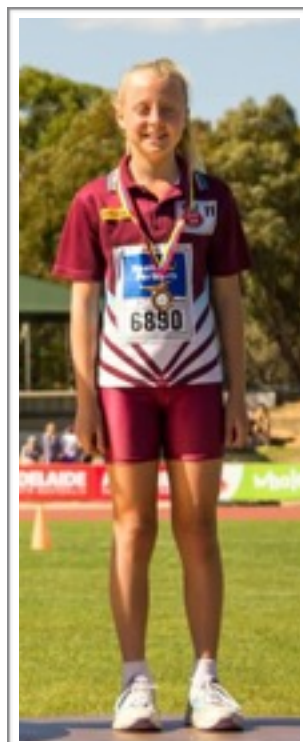
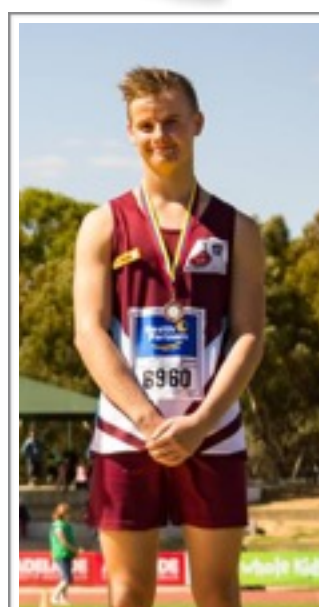
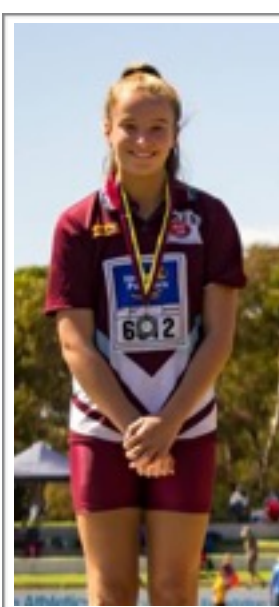
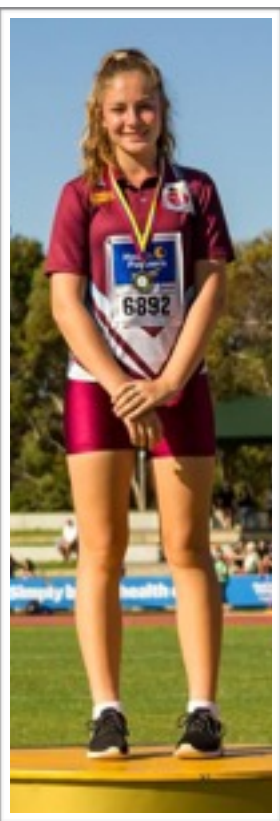


**Order your NEW  
Entertainment™ Book now!**





## STATE INDIVIDUAL CHAMPS 2016!

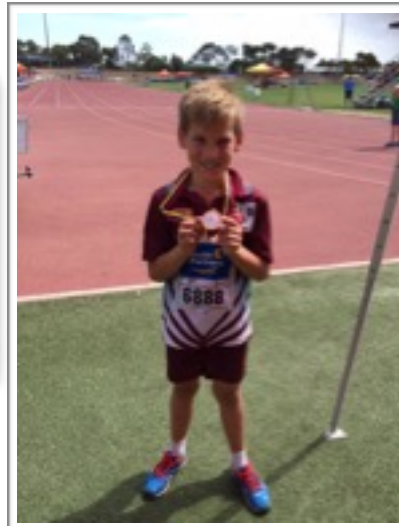


...plus medals to Heather Ferguson,  
Claire Ferguson, Johnathon Martini,  
Mitchell Wilson and Jake Adey.





# STATE CHALLENGE 2016



## .....and the ASA Relay Champs 2016



# SENIOR NEWS

I would like to congratulate all athletes who competed at the ASA State Relay Championships held on the 27th of February.

Despite the unavailability of a number of athletes our club featured well in the medal count and some teams were so very close to winning a medal. I would also like to thank those athletes who were willing at short notice to help out to fill the gaps in the teams and in some cases compete outside of their comfort zone.

Thankyou also to the parents and volunteers who helped ASA run the events on the day and of course to our hardworking officials who are out there every week.

Special mention to:

U14 Womens Team (Claire, Kyla, Jennifer and Sara) 1st 4x100m, 1st 4x200m, 3rd Medley, 1st Jumps Relay, 2nd Throws Relay

U14 Mens Team (Josh, Connor, Nathan, Mitchell and Max) 2nd 4x100m, 1st 4x200m, 2nd Medley

U18 Womens Team (Erin, Melissa, Ivy Rose and Kasey) 3rd 4x100m, 4th 4x200m

U18 Mens Team (Jackson, Eden, Joel, Zac, Samuel and Harrison) 4th 4x100m (by 0.02s), 4th 4x200m, 4th 4x400m, 5th 4x800m

O35 Womens Team (Jane, Emma, Denise and Cassie) 1st 4x100m, 1st 4x200m

Open Womens Team (Erin, Cassie and Kasey) 3rd Jumps

Thankyou also to the Open Mens team (Shane, Geoff and David) for competing on the day and to Mitchell for filling the gap in the 4x100m. Next year we hope to have an Open Mens team and an O35 Mens team.

I would also like to say that the U18 Mens team did remarkably well, given the number of races they attempted, and given we were missing a couple of our sprinters.

I hope you all enjoyed the day. I have several field relay medals to be presented at Presentation Night.

I hope to see you all out there again next season.